

May 2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------------------|----------------------------------|--|---------------------------|---|------------------|------------------|
| | | | 1 OFF | 2 OFF | 3 OFF | 4 OFF |
| 5 | 6 OFF | 7 SPRING # 1 3:00 OFFENSE | 8 INDY 3:00 | 9 SPRING # 2 3:00 DEFENSE | 10 OFF | 11 OFF |
| 12 Mother's Day | 13 OFF | 14 SPRING # 3 3:00 DEFENSE | 15 INDY 3:00 | 16 SPRING # 4 3:00 OFFENSE | 17 OFF | 18 OFF |
| 19 | 20 OFF | 21 SPRING # 5 3:00 O/D | 22 INDY 3:00 | 23 SPRING # 6 4:00 7 vs 7 @ Davis | 24 OFF | 25 OFF |
| 26 | 27 OFF Memorial Day | 28 OFF | 29 OFF | 30 OFF GRADUATION DAY | 31 OFF | |
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June 2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------|-----------|--|---|--|-----------|-----------|
| | | | | | | 1 OFF |
| 2 | 3 OFF | 4 SUMMER #1 3:00-Weights 4:00-5:30- Practice | 5 SUMMER #2 4:00 -Weights 5:30 7 vs 7 @ GD | 6 SUMMER #3 3:00-Weights 4:00-5:30- Practice | 7 OFF | 8 OFF |
| 9 | 10 OFF | 11 SUMMER #4 3:00-Weights 4:00-5:30- Practice | 12 SUMMER #5 4:00 -Weights 5:30-7vs7 @ CV | 13 SUMMER #6 3:00-Weights 4:00-5:30- Practice | 14 OFF | 15 OFF |
| 16 Father's Day | 17 OFF | 18 SUMMER #7 3:00-Weights 4:00-5:30- Practice | 19 SUMMER #8 4:00 -Weights 5:30-7vs7 @ GD | 20 Sports Physicals @ Davis 12:00-1:30 SUMMER #12 5:30-7vs7 @ GD | 21 OFF | 22 OFF |
| 23 | 24 OFF | 25 SUMMER #9 3:00-Weights 4:00-5:30- Practice | 26 SUMMER #10 4:00 -Weights 5:30-7vs7 @ CV | 27 SUMMER #11 3:00-Weights 4:00-5:30- Practice | 28 OFF | 29 OFF |
| 30 | | | | | | |

July 2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------|--|---|---|---|------------------|------------------|
| | 1 OFF | 2 OFF | 3 OFF | 4 OFF Independence Day | 5 OFF | 6 OFF |
| 7 | 8 OFF | 9 BLACKOUT V - 8:00 AM F/S - 8:00 AM | 10 BLACKOUT V - 8:00 AM F/S - 8:00 AM | 11 BLACKOUT V - 8:00 AM F/S - 8:00 AM | 12 OFF | 13 OFF |
| 14 | 15 OFF | 16 BLACKOUT V - 8:00 AM F/S - 8:00 AM | 17 BLACKOUT 8:00 AM F/S - 8:00 AM | 18 EQUIPMENT VAR - 9:00 | 19 OFF | 20 OFF |
| 21 | 22 OFF | 23 BLACKOUT V - 8:00 AM F/S - 8:00 AM | 24 BLACKOUT V - 8:00 AM F/S - 8:00 AM | 25 EQUIPMENT F/S - 9:00 | 26 OFF | 27 OFF |
| 28 | 29 1st DAY OF FOOTBALL PRACTICE 3:00-5:30 | 30 PRACTICE 3:00-5:30 | 31 PRACTICE 3:00-5:30 | | | |
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August 2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|--|------------------|
| | | | | 1 PRACTICE 3:00-5:30 | 2 PRACTICE 3:00-5:30 | 3 OFF |
| 4 | 5 PRACTICE 3:00-5:30 | 6 PRACTICE 3:00-5:30 | 7 PRACTICE 3:00-5:30 | 8 PRACTICE 3:00-5:30 | 9 PRACTICE 3:00-5:30 | 10 OFF |
| 11 | 12 PRACTICE 3:00-5:30 | 13 PRACTICE 3:00-5:30 | 14 PRACTICE 3:00-5:30 | 15 PRACTICE 3:00-5:30 | 16 SCRIMMAGE @ SUMMERVILLE 6:00 | 17 OFF |
| 18 | 19 PRACTICE 3:00-5:30 | 20 PRACTICE 3:00-5:30 | 21 PRACTICE 3:00-5:30 | 22 PRACTICE 3:00-5:30 | 23 GAME DAY @ RC | 24 OFF |
| 25 | 26 PRACTICE 3:00-5:30 | 27 PRACTICE 3:00-5:30 | 28 PRACTICE 3:00-5:30 | 29 PRACTICE 3:00-5:30 | 30 GAME DAY @ FRANKLIN | 31 OFF |
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